

DOCTOR JAMES SCALA Ph.D

Lafayette, California

Professor Jim Scala was Vice President of the Shaklee Corporation and more recently Consultant Nutritionist to Nature's Sunshine products, and was responsible for the design of their 'SynerPro' range of products including 'Calcium & Magnesium'. In 1985 he published a six part lesson in human nutrition - 'The Nature of Nutrition' - a brilliantly presented analysis of the human life cycle, from conception to retirement, which although first produced in 1958, is still absolutely relevant today and is presently being re-mastered as a set of DVDs and will be released in the near future.

Jim and Nancy Scala - by Jim Scala

Jim Scala: Retired Nutritionist & Author

At aged 77 I am a nutritional biochemist by education, an author and an amateur astronomer by choice. During my career I was privileged to be involved with projects that extended human frontiers, They included the Apollo program, three Mt. Everest expeditions, Sports Medicine Council Nutritionist of the US Olympic Ski Team for two Olympic games, and aviation's final frontier, the Voyager Flight. I was also invited to be on the advisory board of Walt Disney's EPCOT center;. Since I could bring my children to Walt Disney World; introduce them to Goofy, Donald Duck, Mickey and Minnie Mouse I was their hero.

I received my B.A. from Columbia University as Korean Veteran, a Ph.D. from Cornell University as a US Public Health Service fellow, and did Post-Doctoral Studies at Harvard and the University of Indiana. In 1998, I proudly received an honorary Doctor of Humane Letters (L.H.D.) from Hofstra University.

I authored or co-authored over 50 research papers on many aspects of nutrition and biochemistry and taught those subjects at several universities, including UC Berkeley and Georgetown Medical School.

Jim Scala: Professional Amateur Astronomer

Lou Epstein, author of the best selling Relativity Visualized, introduced me simply, "Jim's the only professional amateur astronomer I know". Do my astronomical activities confirm Lou's introduction?

I've been an amateur astronomer since age six and have read Sky and Telescope since 1949. I am past President of The Mt. Diablo Astronomical Society and a director emeritus of The Astronomical Society of The Pacific. Click on the article published in the Contra Costa Times and learn how my interest began.. It's an easy read and gives insight into child rearing..

You can access full detail of Jim's Planetarium by going to <http://home.comcast.net/~jscala2>

Nancy Scala: Artist

Nancy is an accomplished watercolor artist; her paintings hang in some very important Bay Area homes. Her art reveals her love of nature; especially through the flowers and birds she captures with her brush. Nancy studied mathematics in college and worked as an actuary. We met while I was home on Christmas leave from the Air force in 1955 and were married in 1957 after my first year in college. We have four children, Jim, Greg, Nancy and Kim and six grandchildren, Julianna, Kyra and John Scala, Blaine Austin and Mason Wampler. Julianna is a pharmacology grad student at USC and Mason is six months old.

Nancy and I once owned and sailed a Ketch (53' LOA) out of San Francisco Bay, before we decided it was time to step ashore. Nancy is an excellent sailor and gourmet cook whether it's at home in her bright kitchen or in a sailboat galley.