

CALCIUM SUPPLEMENTATION WORKS!

While out for lunch a week ago, waiting to be served, I picked up that day's newspaper and came across an article by the resident doctor answering a question about the treatment of brittle bones and osteoporosis, and the whole of his discussion was about the use of every kind of drug - and not once about food!!!

I have been working in nutritional care since I started my Wolverhampton clinic in the 1980s, when I quickly learned the vital importance of Calcium, so I become increasingly angry that the medical profession continues in its philosophy of 'Drugs only' and gives no credence to other effective alternatives.

DOUBLE BLIND TRIALS

My first introduction was meeting Professor James Scala PhD and attending his training meetings where I learned about his fully evaluated 'double blind' research in to the effect of calcium supplementation, as the result of which he designed a calcium supplement which is now marketed by NSP as 'SynerPro Calcium & Magnesium', which you've probably heard me going on about before!

Jim's research, over a 5 year period, demonstrated that consistent use of the supplement increased the bone density in 55-60 year-olds by as much as 50% in a period of 6 months. He also showed that women in particular were most at risk from calcium deficiency during pregnancy and childbirth and similar trials demonstrated the benefits available to them.

For my own part I have experienced over the years the remarkable benefits achieved by planned supplementation, and I now become increasingly wound up that I no longer have the facility of my clinic to communicate what is to me such an important message - specially when I see and meet people who seem to be suffering needlessly.

SUCH AN IMPORTANT MESSAGE

I have no doubt about the incredible value of planned calcium supplementation and the positive benefits available.

I have so often seen and experienced the considerable benefits, about which it is often so difficult to persuade people of the reality!

Calcium supplementation using SynerPro Calcium and Magnesium provides protection from calcium loss and other resulting health dilemma without the risk of stones or cholesterol accumulation.

There are other supporting supplements which can increase the capability of the immune system, and I am totally committed to the view that everyone can receive marked benefits from properly planned supplementation.

DON'T MISS OUT

It is disturbing to know that so many are missing this positive opportunity of improving their health, and thus avoiding the consequences of calcium loss and the resulting discomfort and pain.

If you would like to discuss this with me further, particularly if you have doubts about the efficacy of what I have said here, I would welcome the opportunity to provide you with more detailed information on this subject.

Please call me at 01691 780094.

Helpful Reading from the Library:

Everyone's Guide to Healthy Eating; Vitamin C;
Sound Nutrition and Calcium; Digestion;
Super Supplement.