

DO YOU LIVE ALONE?

***Are you sometimes home alone?
or is your home
some distance from your neighbour?***

During the last few weeks I have been alerted to the possibility of the consequences of having an accident at home and being unable to reach even the telephone to call for help.

As the result of a particular incident I sought the advice of Fran Hunt, who put me in touch with an organisation associated with Age Concern (Age UK) - 'Aid Call' - and discovered that they provide a system which is capable of alerting someone to come to your aid if you suddenly find yourself in such a situation, for under £4 a week.

The company has offered to provide a free demonstration for interested people and we are arranging to do this early in the new year at 'Gegin Fach'.

This will be by 'invited guests' so if you would like to be included, or if you know anyone else who would benefit from the opportunity, please contact Arthur at 780094 who will make the arrangements and let you know the time and date.